

## **PATIENT PRE-OPERATIVE INSTRUCTIONS – PRINT THESE FOR YOUR PATIENT**

- Fill any Prescriptions provided by your Dentist at least one day prior to your procedure.
- Get a good night's sleep, the night before your procedure.
- Eat a light breakfast the morning of your procedure. OR If you are to be sedated, follow any directions you are given.
- Take any Necessary Medications as Prescribed by your Doctor. (blood pressure, heart, diabetes, cholesterol, etc.)
- Take any required Premedication as directed by your Dentist.
- Wear loose-fitting clothing.
- Arrange for a ride home, if necessary.
- Bring your dentures with you, to the appointment.
- Get ready to enjoy stable, secure dentures.